



# CANNON BEACH SPA Service Menu

## ~ MASSAGE ~

### CLASSIC RELAXATION

60 min \$ 80    90 min \$ 120

Traditional Swedish massage using long flowing strokes to promote rest, relaxation and regeneration. The massage you dream of.

### DEEP TISSUE

60 min \$ 105    90 min \$ 155

This massage combines the skills of our highly-qualified therapists with the use of Epicuren's Arnica lotion as a spot therapy. Excellent for those with pain issues or limited range of motion.

### AROMATHERAPY

60 min \$ 95    90 min \$ 140

Traditional Swedish massage with the addition of your choice of Epicuren's aromatherapy lotion. These lotions provide the benefits of skin enriching protein enzymes and antioxidants along with the sensory delights of coconut groves, lemon grass, orange blossoms, lavender, and rosemary.

### SHIATSU

60 min \$ 105    90 min \$ 155

Shiatsu manually stimulates acupressure points on the body while massaging the muscles. This relaxing yet energizing massage is a Cannon Beach Spa Specialty.

### COUPLES

**two times the price of individual massage**

Couples share one room with two tables and two therapists. Very romantic. Can also be shared by friends and family who like to be together in our "friendship room."

### PREGNANCY

60 min \$ 95

Congratulations! Let us relieve the stresses associated with your new balance, weight and shape. Our rose massage lotion will nourish and hydrate your skin as well as promote a deep sense of relaxation.

### HOT STONE

90 min \$ 155

Gathered from Ecola State Park's Indian Beach, these black, smooth stones will radiate warmth to tight and sore muscles. This is a comforting and pleasurable experience on chilly Northwest days. Only available October through May or on cool summer days.

### INJURY REHABILITATION

60 min \$ 105    90 min \$ 155

A highly effective physical therapy technique (Active Isolated Stretching) that works with the nervous system to reduce pain, improve circulation and increase elasticity. Excellent for stiff joints and chronic muscle problems. Originally developed for professional athletes, AIS is considered a myofascial release technique.

## ~ HYDROTHERAPY ~

### ~ BODY WRAPS ~

#### VOLCANIC CLAY WRAP

60 min \$ 125

This wrap is made from volcanic ash and pascalite clay which are two of nature's most powerful detoxifiers. Blended with an aromatic botanical elixir, the envelopment of warm mud will completely relax and refresh.

Ask to receive our volcanic clay face treatment during your wrap for an additional \$40. Face treatments include a facial cleansing, scrub, mask and face massage.

#### SLIMMING SEAWEED WRAP

60 min \$ 125

Intended for remineralizing and slimming, the minerals and trace elements in seaweed provide a nutritional boost and help to stimulate your body's metabolism. Followed by the application of seaweed infused oil.

Ask to receive our Sea Mineral face treatment during your wrap for an additional \$40. Face treatments include a facial cleansing, scrub, mask and face massage.

#### COMBINE A SCRUB AND A WRAP OF YOUR CHOICE

90 min \$ 190

### ~ SCRUBS ~

#### FULL BODY SCRUB

60 min \$ 95

Your choice of aromatherapy or seaweed scrub will detoxify and nourish your skin like no other. You will enjoy a special two-part exfoliation that results in beautiful and healthy-looking skin.

#### AROMATHERAPY SCRUB

60 min \$ 95

Your skin will be pampered with a Pineapple Papaya scrub. This is a special two-part exfoliation that will leave your skin wonderfully smooth and hydrated.

#### SEAWEED BODY SCRUB

60 min \$ 95

This organic seaweed exfoliant will detoxify and nourish your skin like no other. You will enjoy a special two-part exfoliation that results in beautiful and healthy-looking skin.

# CANNON BEACH SPA

## Service Menu

15 years  
in Cannon Beach

### ~ SKIN CARE ~

#### AROMA MINI FACIAL

25 min \$ 60

Abbreviated session targets the treatment modes your skin needs most. Use of aromatic lotions to soothe and relax.

#### FRENCH DETOX FACIAL FOR TEENS

25 min \$ 70

Thoroughly detoxifies the skin at the cellular level. Improves texture and clarity. Designed for teens with problem skin.

#### EPIONCE SKIN RENEWAL FACIAL

55 min \$ 95

Includes a deep pore cleansing, gentle peel and enriched firming mask. Epionce products are recommended by dermatologists for their skin cancer prevention properties and outstanding penetration of botanicals into the skin.

#### EPICUREN SIGNATURE FACIAL

55 min \$ 125

Ideal for mature skin. Includes a thorough cleansing, hot peel exfoliant, two firming masks to strengthen collagen and elastin fibers and four unique anti-aging enzyme concentrates.

#### FRENCH FACE-LIFT FACIAL

55 min \$ 125

Using the principles of plants and energy, this three step facial detoxifies, nourishes and tones the skin. A Cannon Beach Spa specialty that produces visible results in just one treatment.

#### ULTIMATE ANTI-AGING FACIAL

75 min \$ 175

Our number one results oriented facial! Includes a thorough detoxification followed by resurfacing and enriching masks. The final step is the toning and lifting phase of our French face-lift facial that visibly produces amazing results.

### ~JAPANESE FOOT SPA~

#### SOKU -Japanese Foot Treatment

\$25

Hot foot bath plus 6 wonderful minutes of the Japanese style Soku Shin Do, also known as East Asian Foot Reflexology.

#### AHH -Extended Japanese Foot Treatment

\$35

Our most popular foot treatment!

Hot foot bath plus Japanese Soku Foot treatment as described above plus another wonderful 6 minutes of additional Japanese techniques on your feet. Ahh!

#### JOURNEY OF THE ZEN MASTER

\$45

We have no idea, but your feet will love it. It's truly Zen.

### ~TOTAL SPA PACKAGES~

#### WILD ABOUT SEAWEED

2 ½ hrs \$ 315

[scrub - wrap - face treatment - deep tissue massage]

Relaxing rockweed algae scrub, slimming seaweed wrap, face massage and mask followed by a full-body deep-tissue massage. The ultimate spa experience using seaweed from our own Pacific Northwest waters.

#### VOLCANIC WONDER

2 hrs \$ 255

[wrap - face treatment - massage]

Refreshing volcanic ash and pascalite clay body wrap, face massage and mask followed by a relaxing aromatherapy massage. The best of nature's bounty.

#### SOFT INDULGENCE

2 ½ hours \$ 215

[massage - facial - deluxe hand & foot treatment]

Aromatherapy massage, deep cleansing Epionce facial, moisturizing hand and foot treatment. Essential for pampering and enhanced beauty.

#### CHOCOLATE EUPHORIA

1 ½ hours \$ 155

[wrap - massage - café treat]

Delight your senses with this nutrient-rich chocolate body wrap and muscle-melting massage. Who hasn't felt better after biting into a piece of chocolate? In much the same way, this chocolate experience has a very positive effect on the brain. Continue the experience by indulging your taste buds with a "flight" of chocolate treats at our adjacent Chocolate Café.

90 minute spa time and as long as you like at our Chocolate Café.

#### MADAME BUTTERFLY

1 ½ hours \$ 140

[full body massage - face treatment]

Begin with a relaxing full body aromatherapy massage. Follow with an extended face treatment to cleanse, exfoliate and hydrate your skin. You will feel soothed and relaxed.

After your treatment, visit our CANNON BEACH CHOCOLATE CAFÉ for a refreshing treat.